



To Mountain Parkway
2 (mi.)

WHITTLETON ARCH (216)

SNACK BAR
MINI GOLF

LOW GAP

ENTRANCE BRIDGE

WHITTLETON CAMPGROUND

HENSON ARCH

HENSON ARCH

5

10

4

7

SAND GAP

HOOD'S BRANCH

ROCK GARDEN

LAUREL RIDGE

NEEDLE'S EYE

DEVIL'S GULCH

HEMLOCK LODGE

RR

RR

6

4

3

8

HOOD'S BRANCH

BATTLESHIP ROCK

POOL SNACK BAR

HOEDOWN ISLAND

GIFT SHOP & R/R

6

9

1

ORIGINAL

CAVE

BALANCED ROCK

BALANCED ROCK

ACTIVITIES CENTER

COTTAGES

6

9

1

NATURAL BRIDGE

UPPER HOOD'S BRANCH

STEEL GATE (1.5 mi. from Natural Bridge)

SHELTOWEE TRACE FOREST SERVICE TRAIL #100

- Road
- Trail
- Building
- Picnic Area
- Picnic Shelter
- Tent Camping
- Stairs
- Ridgetop
- Trailhead

TRAIL **DISTANCE(mi.)** **HIKING TIMES(hrs.)**

	1	The Original	.75	1
	2	Balanced Rock	.75	1
	3	Battleship Rock	.75	1
	4	Rock Garden	1.75	2
	5	Sand Gap	7.5	6-8
	6	Hood's Branch	3	2-4
	7	Henson's Arch	.25	.75
	8	Lakeside	.25	.75
	9	Laurel Ridge	.75	1
	10	Low Gap	.5	.75
	11	Upper Hood's Branch	.75	1
	216	Whittleton	2.0	2

MAP IS NOT TO SCALE



MIDDLE FORK CAMPGROUND

NATURAL BRIDGE STATE RESORT PARK

BOAT RAMP

To Beattyville

Map prepared by University of Kentucky Cartography Lab
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